



# Whale Wisdom Retreat

*Ha'apai, Tonga*

**SWIM with the Majestic HUMPBACK WHALES**

Spiritual Cetacean Journey with Modern Day Medicine Woman & Sound Healer,

*Kari 'Hummingbird' Barron*

**6-13 September 2023**

A week in Paradise with the Masters of the Sea

Maximum 12 participants

Have you dreamed of swimming in crystal clear waters of the South Pacific with Humpback whales? Here is your opportunity to join Whale Wisdom Enthusiast, Medicine Woman & Sound Healer, Kari Hummingbird Barron on this trip of a lifetime. You will spend 8 days & 7 nights in tropical paradise, Ha'apai, a short flight from Tongatapu, Tonga. You will go out on 4 day trips to see and swim with the majestic Humpback whales who graciously allow you to observe them in the warm tropical waters. Watch mothers with curious calves, observe the mating rituals and float immersed in the sounds of the male Humpback's mystical song. Kari will offer breathwork & sacred sound journeys to help you open to & embody the transmissions received while meeting eye to eye with the most advanced Beings on the planet!

The Humpback Whales, migrate from Antarctica to the clear, warm and calm waters of Tonga every year to mate, give birth and nurse their young.

We will use respectful & responsible whale watching practices, always giving the whales the choice and control over our encounters. Tonga is one of the only places in the world where it is legal to swim with wild whales.

You will learn "how to swim" with them and every step of the way is guided so you feel joyous and comfortable in the water with these gentle giants.



Looking into  
the eyes of a whale  
is like looking into the  
infinity of the  
universe



Being in the water with the whales is a heart opening and life changing experience. We will float in eternity while listening to their powerful songs, allowing the vibration to awaken within us our own divine nature. Each year the songs upgrade to different frequencies which provide codes for our awakening and support transformation here on earth.





We will gather together in the late afternoons to share our experiences & journey with the medicine of breath.

Breathwork is a powerful process of healing and transformation which supports the clearing away of old energies, patterns, conditioning, negative thoughts & emotions and opens the doors wide for new life and greater consciousness.

In the evenings, we will gather around the fire to share sacred song & mantras which open the heart and create space for deep healing, self-expression, and connection.

Both practices will help you open to & embody the powerful transmissions gifted to us by the whales.

Kari is an intuitive medicine woman who is devoted to awakening the Sacred Heart in humanity and guiding others to connect with Unity Consciousness. She's an energetic kinesiologist, sound healer & transformational guide and has been on the spiritual path for close to 20 years. Originally from Canada, she now lives in Byron Bay, Australia - [www.karibarron.com](http://www.karibarron.com)

Her deep love & connection with the Whales began in 2017 during a sailing trip in Hervey Bay. Their powerful presence & transmissions touched her heart so deeply she now commits to spending at least a week a year with these Masters of the Sea.

She has travelled extensively around the globe visiting sacred sites, learning from different indigenous elders & lineages and has been running retreats internationally for the past decade. Kari is excited to share this special opportunity with you to experience the majesty of the Whales.



Beautiful visionary art of Jean-Luc Bozzoli "Whale Eye"

Ha'apai, situated in the middle of the Tongan archipelago, provides a terrific nursery for the whales during their 4 month stay. It offers peace and tranquility of deserted white sand beaches, uninhabited islands to explore, whale encounters, world-class snorkeling, incredible diving and some of the best swimming beaches in the South Pacific.



The accommodation includes beachfront bungalows that open to the most incredible white sand beach & snorkelling reef. Rooms are double occupancy & it's possible to upgrade to a single w/ ensuite (if available).

Explore the pristine clear waters by going snorkelling, stand up paddle boarding, swimming or sea kayaking. Enjoy the marine life of the thriving reefs, lay on white sand beaches and warm water or explore the island by bicycle.

Currently 3 International Airlines fly to the capital, Nuku'alofa on Tongatapu Island: Air New Zealand, Qantas and Fiji Airways. There are direct flights from Auckland, Sydney and Fiji. As international travel increases, there's a good chance Virgin Australia will start flights again from Sydney. There will likely be extra flight times added as well in early 2023.

It's a good idea to spend a night before & after your international flights in Tongatapu to ensure smooth connecting flights to Ha'apai - Lulutai Airlines is the domestic airline in Tonga and has a couple flights a day. Kari can help you navigate the domestic flights if need be & recommend hotels in Tongatapu.



# Retreat Info :

## WHALE WISDOM RETREAT in Ha'apai, Tonga 6-13 September 2023

**Retreat Fee:** \$4,290 Aud (Double Occupancy)

**To Register:** \$1,000 per person to hold your place

Payment of \$1,645 is due March 1, 2023.

Balance of \$1,645 is due June 1, 2023.

Please contact Kari – [karibarron@hotmail.com](mailto:karibarron@hotmail.com) or +61 415379757 (Ph/WA/Tele) to receive payment option details.

NOTE: All payments are non-refundable.

### What's included:

- ❖ 8 days / 7 nights Oceanside Bungalows
- ❖ 4 Whale Boat Excursions (6hrs)
- ❖ Snorkelling Equipment / Wetsuits
- ❖ Transport to / from Ha'apai Airport
- ❖ 7 Breakfasts & 4 Lunches (on boat)
- ❖ Breathwork & Sacred Song Circles

### Optional Extras:

- ❖ 1 Extra Whale Excursion
- ❖ Single Room Upgrade with Ensuite (if available)

### What's not included:

- ❖ Airfares
- ❖ Overnight stay in Tongatapu
- ❖ Transport in Tongatapu
- ❖ Meals (other than stated)
- ❖ Travel Insurance

Note: There is a onsite restaurant that provides meals. Average menu prices (in Aud) are –

Lunch \$20 \* Dinner \$25 \* Dessert \$14 (if you have any dietary restrictions please let me know well in advance).

\*Experienced snorkelers/strong swimmers only\*

\*\*Travel insurance with trip cancellation is highly recommended in case of unforeseen circumstances\*\*

\*\*\*We will go out with a fully licensed and professional whale swim operator who strives to swim on every trip. However, be aware that whales are wild animals and you will be observing them in their natural environment. Swimming may or may not be possible depending on the whales' behaviour, their reaction to us and the weather conditions.\*\*\*